

2009-2010 EBPL VOLLEYBALL RULES

Effective October 1, 2009

All girls' EBPL volleyball matches will be played according to the rules of the Official High School Volleyball Rules from the 2009-10 National Federation of State High School Associations ("NFHS"), as modified by the Oakland Diocese CYO Volleyball rules contained in the 2009-2010 CYO Handbook and website, and as modified by the following EBPL rules and modifications:

MAJOR CHANGES FOR 2009-2010

1. **RETURN OF SERVE.** Effective immediately, CYO eliminated the prior rule prohibiting multiple contact on return of serve if using an overhead passing or setting technique. For 2009-2010, multiple contact is allowed on any first contact (whether return of serve or defending an attack) regardless of whether by forearm pass, overhead pass, or otherwise.
2. **BALL COLOR** - NFHS rules have previously required that all game volleyballs be solid white. That rule has been changed – the game ball must be official size and weight, but can now be white or multi-colored. The home team shall be responsible for providing the game ball if the facility does not provide one.
3. **NO CYO COACHES STANDING DURING MATCHES** – Although the NFHS modified the rule this year, CYO still adheres to the 'No Standing' rule for volleyball coaches.
4. **PLAIN HAIRPINS NOW ALLOWED** - The NFHS rule regarding "hair devices" was changed this year to allow "unadorned bobby pins no longer than 2 inches" in addition to "soft hair devices" (i.e. hair ties, rubber bands, etc). As a result, plain bobby pins will now be ALLOWED in CYO and EBPL matches. Barrettes or any other hard clips are still NOT ALLOWED.
5. **BALL CONTACT ANYWHERE ON BODY** - The NFHS rules previously prohibited contact with the ball with any part of the body below the waist (typically a foot or leg). The NFHS changed its rule this year to allow contact with ANY part of the body (including foot), just like the NCAA and USAV (club) rules. As a result, ball contact anywhere on the body will now be allowed in CYO and EBPL matches.

EPBL RULES AND MODIFICATIONS APPLICABLE TO ALL GRADE LEVELS (4TH THROUGH 8TH GRADES)

1. **Serve Rotation.** Each server may serve up to five (5) points maximum, then rotation must occur to the next server. **NOTE:** Unlike the CYO rule, in EBPL League matches this rule is applicable to 8th grade matches as well.
2. **Substitutions.** Substitutions may be made on any dead ball. A substitute or re-entering starter may enter (or re-enter) into only one spot in the rotation per game.

EXAMPLES: Example 1: Starting lineup of ABCDEF. After minimum play, Player G substitutes for Player F. Player F can only reenter the game by re-entering for Player G.

Example 2: Starting lineup of ABCDEF. After minimum play, Player G substitutes for Player F. Player H then substitutes for Player G. Player F can then re-enter, but must only enter into Player H's spot in the rotation. Example 3: Starting lineup of ABCDEF. After minimum play, Player G substitutes for Player F, then Player F reenters the game in Player G's spot in the rotation. Player G can NOT substitute into any other spot in the rotation other than Player F's spot.

3. **Time-Outs.** Teams will be limited to two (2) time-outs per game. One additional time out will be awarded each team when the score is tied 14-14 in 4th and 5th grade, or 24-24 for 6th, 7th and 8th grades, except for the third game of a 6th, 7th or 8th grade match where the time out will be awarded when the score is tied at 14-14.
4. **Prayer.** Each game will begin with a prayer. The home team will lead the prayer.
5. **Blocking or Attacking Served Ball.** Any blocking or attacking a served ball shall be a violation and a point shall be awarded to the serving team.
6. **Uniforms.** Players must have a clearly visible number on the front and back of their uniform jersey
7. **Official Fees.** Officials must be paid in cash prior to the game. The fee for 7th and 8th Grade is \$18.00, and all other grades, is \$15.00.
8. **Forfeit.** Scheduled game time is forfeit time for the first game of the match; the entire match will be forfeited twenty minutes after game time. Volleyball teams may play with five players.
9. **Game Ball.** The home team shall be responsible for providing the game ball if the facility does not provide one. The game ball must be official size and weight, but may be solid white or multicolored.

EBPL RULES AND MODIFICATIONS APPLICABLE TO 6TH, 7TH AND 8TH GRADES ONLY:

1. **Length of Game:** The match will consist of the best two (2) of three (3) games. The first two (2) games shall go to 25 points and the third (3rd) game shall go to 15 points. A team that has scored 25 or 15 points and is at least 2 points ahead is the winner. If the leading team does not have a 2 point advantage, play shall continue until one team has a 2 point advantage (no cap point).
2. **Rally Scoring:** Matches in the 6th, 7th and 8th grades shall use rally scoring in which a point is awarded to the winner of each rally, without regard to who served, and the winner of each rally is awarded service.
3. **Let Serve:** The let serve shall be allowed, and play shall continue provided net contact is entirely within the net antennas.
4. **All Play Rule:** NOTE: EBPL uses a more strict all-play rule than CYO.
 - a. At the beginning of the first game, no team shall substitute until one team has scored 12 points.
 - b. At the beginning of the second game, all players (up to 6) who did NOT start in the first game and play until one team scored 12 points, shall start the second game and

must play in the second game until one team scores 12 points. At that point, the referee shall inform the coaches that they may substitute any eligible player until the end of the game.

c. There is no restriction as to which player or players start and finish a third game of any match.

d. For teams with more than 12 players, those players who did not start in either the first or second game are expected to play a substantial amount during the first and/or second games of the match.

e. The EBPL All-Play rule does not alter the existing substitution rule that provides that a substitute or re-entering starter may enter (or re-enter) into only one spot in the lineup per game.

f. Failure to abide by EBPL all play rules may result in forfeiture of the match.

EXAMPLES: Example 1: Team with 9 girls: A,B,C,D,E,F,G,H and I. If ABCDEF start game #1, then girls GHI must start game #2, even if they also were substitutes after 12 points into game #1. Example 2: Team with 14 girls: A,B,C,D,E,F,G,H,I,J,K,L,M and N. If ABCDEF start game #1 (and therefore play the first 12 points), they cannot start game #2. Assuming GHIJKL start game #2 (and therefore play the first 12 points), then M and N are expected to play a substantial portion during the 1st and/or 2nd games of the match.

5. Official Volleyball: The official volleyball for grades 7 and 8 shall be a volleyball meeting the NFHS specifications, such as Molten Super Touch IV58L-U or Tachikara SV5W GOLD. The official volleyball for grade 6 shall be the official size but lighter weight (appx. 8 oz.) volleyball, such as Molten VB Lite IV58XL-3, Wilson 4900 Light H4910XDEF or Tachikara Volley-Lite SV-MNC.

EBPL RULES AND MODIFICATIONS APPLICABLE TO 4TH AND 5TH GRADES ONLY:

1. Length of Game: A game will end after one team reaches 15 points and is at least 2 points ahead of the other team. If the game does not conclude under the 15-point rule within 15 minutes, the following rule will apply: A 15-minute running time limit will be enforced for each game of a match, except the last two minutes of each game which will be administered with a stop clock. The team that is ahead after the expiration of the 15-minute period wins (need NOT be ahead by two points to win). If the score is tied at the end of the 15 minutes period, play will continue until one team scores a point, in which case that team will be the winner of the game. NOTE: A game will still end under normal 15-point rule, regardless of the time remaining.

EXAMPLES: Example 1: Score 15-10 with 3 minutes remaining. Team with 15 points wins. Example 2: Score 15-14 with 2 minutes remaining. Teams continue to play until one team is ahead by 2 points or 15-minute period expires. Example 3: Score 14-14, time expired. Teams continue to play, next team to score point will be winner 15-14. Example 4: Score 15-14, time expired. Game over, team with 15 points wins (need not win by 2 after time expires). Example 4: Score 17-17, time expired. Teams continue to play, next team to score point will be winner 18-17 (need not win by 2 after time expires).

Clock Management: Any substitution after a team reaches 8 points or after 8 minutes of the game have elapsed (whichever comes first) will be administered as an official's time out. As such the clock will stop for one minute ONLY IF coaches choose to substitute. NOTE: This is not a "team" time out; if neither team chooses to substitute at that point then the clock will restart upon the referees signal for the next serve. All time outs requested by

either team will result in a stopped clock. Time outs are (1) one minute in length. During the last two minutes of any game, the stop clock will be used and the clock shall be stopped at the conclusion of each rally and started when the referee signals for the next serve.

2. Side-Out Scoring: EBPL matches in 4th and 5th grades shall use side-out scoring, in which a point is awarded only if the serving team wins the rally and the team winning the rally is awarded service. If the receiving team wins the rally, no point is awarded.

3. No Let Serve: Because EBPL matches in 4th and 5th grades do not use rally scoring, they also do NOT allow the let serve. The serve must pass completely over the net within the net antennas. If a serve contacts any part of the net, it is considered a service fault and a side-out shall be awarded to the receiving team.

4. All Play Rule: NOTE: EBPL uses a more strict all-play rule than CYO.

a. At the beginning of the first game, no team shall substitute until one team has scored 8 points or the first 8 minutes of the game have elapsed, whichever occurs first.

b. At the beginning of the second game, all players (up to 6) who did NOT start in the first game and play until one team scored 8 points or 8 minutes elapsed, shall start the second game and must play in the second game until one team scores 8 points or 8 minutes elapse (whichever occurs first). At that point, the referee shall inform the coaches that they may substitute any eligible player until the end of the game.

c. There is no restriction as to which player or players start and finishes a third game of any match.

d. For teams with more than 12 players, those players who did not start in either the first or second game are expected to play a substantial amount during the first and/or second games of the match.

e. The EBPL All-Play rule does not alter the existing substitution rule that provides that a substitute or re-entering starter may enter (or re-enter) into only one spot in the lineup per game.

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5. Serving Line: The serving line shall be moved forward six (6) feet.

6. Official Volleyball: The official volleyball for 4th and 5th grade shall be the official size but lighter weight (appx. 8 oz.) volleyball, such as Molten VB Lite IV58XL-3, Wilson 4900 Light H4910XDEF or Tachikara Volley-Lite SV-MNC.