

2011-2012 EBPL VOLLEYBALL RULES

Effective October 2011

All girls' EBPL volleyball matches will be played according to the rules of the Official High School Volleyball Rules from the 2011-12 National Federation of State High School Associations ("NFHS"), as modified by the Oakland Diocese CYO Volleyball rules contained in the 2011-2012 CYO Handbook and website, and as modified by the following EBPL rules and modifications:

RECENT RULES CHANGES (INCLUDES 2009 - 2011 CHANGES) (2011 CHANGES IN RED)

- 1. 2011 - NEW 4TH AND 5TH GRADE RULES (2011-2012) – 4th and 5th Grade levels (ONLY) will play side-out scoring in the first two sets of the match and rally scoring in the third set (if played). There will be a 55-minute (from 1st serve) total time limit for matches. See the 4th and 5th grade rules below for details.**
- 2. 2010 - PLAIN HAIRPINS AND FLAT CLIPS NOW ALLOWED** - The NFHS rule regarding "hair devices" was changed in 2009 to allow "unadorned bobby pins no longer than 2 inches" in addition to "soft hair devices" (i.e. hair ties, rubber bands, etc). As a result, plain bobby pins are now ALLOWED in CYO and EBPL matches. In 2010, the rules allowed for unadorned, flat clips may be worn, no longer than 2 inches in length. For 2011, unadorned flat barrettes 2" or less in length are allowed. Any other clips are still NOT ALLOWED.
- 3. 2010 - BALL CONTACT ANYWHERE ON BODY** - The NFHS rules previously prohibited contact with the ball with any part of the body below the waist (typically a foot or leg). The NFHS changed its rule to allow contact with ANY part of the body (including foot), just like the NCAA and USAV (club) rules. As a result, ball contact anywhere on the body will now be allowed in CYO and EBPL matches.
- 4. 2009 - RETURN OF SERVE –** CYO eliminated the prior special CYO rule prohibiting multiple contact on return of serve if using an overhead passing or setting technique. Under NFHS and now CYO rules, multiple contact is allowed on any first contact (whether return of serve or defending an attack) regardless of whether by forearm pass, overhead pass, or otherwise.
- 5. 2009 - BALL COLOR** - The game ball must be official size and weight, but can now be white or multi-colored. The home team shall be responsible for providing the game ball if the facility does not provide one.
- 6. 2009 - NO CYO COACHES STANDING DURING MATCHES –** Although the NFHS modified the rule in 2009, CYO still adheres to the "No Standing" rule for volleyball coaches.

EBPL RULES AND MODIFICATIONS APPLICABLE TO ALL GRADE LEVELS (4TH THROUGH 8TH GRADES)

- 1. Serve Rotation.** Each server may serve up to five (5) points maximum, then rotation must occur to the next server. **NOTE:** Unlike the CYO rule, in EBPL League

matches this rule is applicable to 8th grade matches as well.

2. Substitutions. Substitutions may be made on any dead ball. A substitute or re-entering starter may enter (or re-enter) into only one spot in the rotation per set.

EXAMPLES: Example 1: Starting lineup of ABCDEF. After minimum play, Player G substitutes for Player F. Player F can only re-enter the set by re-entering for Player G. Example 2: Starting lineup of ABCDEF. After minimum play, Player G substitutes for Player F. Player H then substitutes for Player G. Player F can then re-enter, but must only enter into Player H's spot in the rotation. Example 3: Starting lineup of ABCDEF. After minimum play, Player G substitutes for Player F, then Player F reenters the set in Player G's spot in the rotation. Player G can NOT substitute into any other spot in the rotation other than Player F's spot.

3. Time-Outs. Teams will be limited to two (2) 60-second time-outs per set. One additional time out will be awarded each team when the score is tied 14-14 in 4th and 5th grade, or 24-24 for 6th, 7th and 8th grades, except for the third set of a 6th, 7th or 8th grade match where the time out will be awarded when the score is tied at 14-14.

4. Prayer. Each match will begin with a prayer. The home team will lead the prayer.

5. Blocking or Attacking Served Ball. Any blocking or attacking a served ball shall be a violation and a point shall be awarded to the serving team.

6. Uniforms. Players must have a clearly visible number on the front and back of their uniform jersey

7. Official Fees. Officials must be paid in cash prior to the match. **The fee for 7th and 8th Grade is \$20.00, and all other grades, is \$18.00.**

8. Forfeit. Scheduled match time is forfeit time for the first set of the match; the entire match will be forfeited twenty minutes after match time. Volleyball teams may play with five players.

9. Game Ball. The home team shall be responsible for providing the game ball if the facility does not provide one. The game ball must be official size and weight, but may be solid white or multicolored.

EBPL RULES AND MODIFICATIONS APPLICABLE TO 6TH, 7TH AND 8TH GRADES ONLY:

1. Length of Match: The match will consist of the best two (2) of three (3) sets. The first two (2) sets shall go to 25 points and the third (3rd) set (if played) shall go to 15 points. A team that has scored 25 or 15 points and is at least 2 points ahead is the winner. If the leading team does not have a 2 point advantage, play shall continue until one team has a 2 point advantage (no cap point).

2. Rally Scoring: Matches in the 6th, 7th and 8th grades shall use rally scoring in all sets, In rally scoring, a point is awarded to the winner of each rally, without regard to who served, and the winner of each rally is awarded service.

3. Let Serve: The let serve shall be allowed, and play shall continue provided net contact is entirely within the net antennas.

4. All Play Rule: NOTE: As of 2011, CYO has now adopted the EBPL (more strict) all-play rule. **SEE NOTES RE: APPLICATION OF THE ALL PLAY RULE, below.**

a. At the beginning of the first set, no team shall substitute until one team scores 12 points. When either team reaches 12 points, the referee shall inform the

coaches that they may substitute any eligible player until the end of the set.

b. At the beginning of the second set, any players (up to 6) who did NOT start in the first set and play until one team scored 12 points, MUST start the second set and MUST play in the second set until one team scores 12 points. At that point, the referee shall inform the coaches that they may substitute any eligible player until the end of the set.

c. There is no restriction as to which player or players start and finish a third set of any match.

d. For teams with more than 12 players, those players who did not start in either the first or second set are expected to play a substantial amount during the first and/or second sets of the match.

e. The EBPL All-Play rule does not alter the existing substitution rule that provides that a substitute or re-entering starter may enter (or re-enter) into only one spot in the lineup per set.

f. **Latecomers:** If a girl arrives late for a match but before the start of set #2, (and the team has 12 or fewer girls, counting the latecomer), then the latecomer must START set #2 (along with the other girls who did not start set #1). If the team has 13 or more girls (counting the latecomer), then the team can start any 6 girls who did not start set #1, and the remaining girls must play a substantial amount of time during set #1 and/or set #2). If a latecomer girl arrives after the start of set #2, no all play requirement shall apply to the latecomer. The coach (in his or her discretion) can play or not play the girl.

g. Failure to abide by EBPL all play rules may result in forfeiture of the match.

EXAMPLES: Example 1: Team with 9 girls: A,B,C,D,E,F,G,H and I. If ABCDEF start set #1, then girls GHI must start set #2, even if they also were substitutes after 12 points into set #1. Example 2: Team with 14 girls: A,B,C,D,E,F,G,H,I,J,K,L,M and N. If ABCDEF start set #1 (and therefore play the first 12 points), they CANNOT start set #2. Assuming GHIJKL start set #2 (and therefore play the first 12 points), then M and N are expected to play a substantial portion during the 1st and/or 2nd sets of the match.

5. Official Volleyball: The official volleyball for grades 7 and 8 shall be a volleyball meeting the NFHS specifications, such as Molten Super Touch IV58L-U or Tachikara SV5W GOLD. The official volleyball for grade 6 shall be the official size but lighter weight (appx. 8 oz.) volleyball, such as Molten VB Lite IV58XL-3, Wilson 4900 Light H4910XDEF or Tachikara Volley-Lite SV-MNC.

EBPL RULES AND MODIFICATIONS APPLICABLE TO 4TH AND 5TH GRADES ONLY: (NOTE: NEW RULES FOR THE 2011-12 SEASON)

1. Length of Set: The first two sets of the match will be played using side-out scoring to 15 points. A team must win by two points to win the set. If there is a third set played, it shall be played using rally scoring to 15 points with the winning team required to win by two points.

2. Side-Out Scoring: EBPL matches in 4th and 5th grades shall use side-out scoring in the first two sets only, in which a point is awarded only if the serving team wins the rally and the team winning the rally is awarded service. If the receiving team wins the rally, no point is awarded.

3. No Let Serve: Because EBPL matches in 4th and 5th grades do not use rally

scoring in the first two sets, they also do NOT allow the let serve. The serve must pass completely over the net within the net antennas. If a serve contacts any part of the net, it is considered a service fault and a side-out shall be awarded to the receiving team. Although Rally Scoring is used in the third set of the match, the let serve is NOT ALLOWED.

4. All Play Rule: SEE NOTES RE: APPLICATION OF THE ALL PLAY RULE, below.

a. At the beginning of the first set, no team shall substitute until one team scores 8 points.

b. At the beginning of the second set, all players (up to 6) who did NOT start in the first set and play until one team scored 8 points, SHALL start the second set and must play in the second set until one team scores 8 points. At that point, the referee shall inform the coaches that they may substitute any eligible player until the end of the set.

c. There is no restriction as to which player or players start and finish a third set of any match.

d. For teams with more than 12 players, those players who did not start in either the first or second set are expected to play a substantial amount during the first and/or second sets of the match.

e. The EBPL All-Play rule does not alter the existing substitution rule that provides that a substitute or re-entering starter may enter (or re-enter) into only one spot in the lineup per set.

f. **Latecomers:** If a girl arrives late for a match but before the start of set #2, (and the team has 12 or fewer girls, counting the latecomer), then the latecomer must START set #2 (along with the other girls who did not start set #1). If the team has 13 or more girls (counting the latecomer), then the team can start any 6 girls who did not start set #1, and the remaining girls must play a substantial amount of time during set #1 and/or set #2). If a latecomer girl arrives after the start of set #2, no all play requirement shall apply to the latecomer. The coach (in his or her discretion) can play or not play the girl.

g. Failure to abide by EBPL all play rules may result in forfeiture of the match.

EXAMPLES: Example 1: Team with 9 girls: A,B,C,D,E,F,G,H and I. If ABCDEF start set #1, then girls GHI must start set #2, even if they also subbed in to set #1. Example 2:

Team with 14 girls: A,B,C,D,E,F,G,H,I,J,K,L,M and N. If ABCDEF start set #1 (and therefore play the first 8 points or 8 minutes), they cannot start set #2. Assuming GHIJK start set #2 (and therefore play the first 8 points or 8 minutes of set #2), then M and N are expected to play a substantial portion during the 1st and/or 2nd sets of the match.

5. Serving Line: The serving line shall be moved forward six (6) feet.

6. Official Volleyball: The official volleyball for 4th and 5th grade shall be the official size but lighter weight (appx. 8 oz.) volleyball, such as Molten VB Lite IV58XL-3, Wilson 4900 Light H4910XDEF or Tachikara Volley-Lite SV-MNC.

7. Time Limit: There will be a 55-minute time limit from the first serve of the first set. Referees shall keep note of the time and tell the coaches but it will not be kept on the score clock. After 55 minutes have expired, the referee shall call the match following the point after time expires.

8. Standings: There are no standings nor scores reported for 4th and 5th grade volleyball.

APPLICATION OF EPBL ALL PLAY RULES (Distributed to ADs and coaches 12/7/2010)

FOR TEAMS WITH 12 OR FEWER GIRLS AT THE MATCH

If a team has 12 or fewer girls present and available to play at the match, the rule is simple: ALL the girls that do NOT start set #1 MUST start set #2. This is true EVEN IF the non-starters were already substituted into set #1 at some point.

FOR TEAMS WITH MORE THAN 12 GIRLS AT THE MATCH

If a team has 13 or more girls present and available to play at the match, then NONE of the set #1 starters are allowed to start set #2. The starters for set #2 must be made up entirely of girls who did not start set #1. As for the additional girls who do not start set #1 or set #2 (because the team has more than 12 girls), those additional girls must play a "substantial amount" (generally at least a few points) of time during set #1 and/or set #2.

In all situations in set #1 and set #2, in grades 4-5, all starters must play until either team reaches 8 points before substitutions are allowed; in grades 6-7-8, all starters must play until either team reaches 12 points before substitutions are allowed. There are no limitations for substitutions in the 3rd set of a match (other than standard volleyball rules).

CONSEQUENCES FOR VIOLATION

It is our sincere hope that we do not have ANY violations of the EBPL "all play" rule, because the rule reflects the core values of CYO. All coaches (from BOTH teams), scorekeepers and referees should endeavor to bring potential or actual "all play" issues to the attention of the head referee as soon as they are identified to allow any mistakes to be corrected before play begins and an infraction occurs.

Once play begins, however, and because of the importance of the "all play" rule, all violations of the "all play" rule will be treated as serious infractions. The EBPL rules provide that violation of the "all play" rule may result in forfeiture. By the nature of the rule, EBPL "all play" rule violations will occur, if at all, only during the 2nd set of a match. When an "all play" violation occurs during the second set, the offending team shall forfeit the 2nd set. If the offending team also lost the first set, then the match is completed and the non-offending team will win the match 2 sets to zero. If the offending team won the first set, then the match is tied at one set a piece and a third set shall be played. Any girl who should have but did not start set #2 for the offending team shall start and play in set #3 until one team has reached 8 points, at which point the offending team can then substitute freely. The non-offending team can substitute freely at any time during set #3 (without waiting for 8 points to be scored).